

University of Pretoria Yearbook 2019

Coaching professionalism 151 (JXP 151)

Qualification Undergraduate

Faculty [Faculty of Education](#)

Module credits 8.00

Programmes [Higher Certificate Sport Science Education](#)

Prerequisites No prerequisites.

Contact time 3 practicals per week, Online hybrid supported

Language of tuition Module is presented in English

Department Humanities Education

Period of presentation Quarter 1 or 2 or 3 or 4

Module content

Development of coaching strategies informed by coaching philosophies to prepare for life; especially for self-autonomy and to become responsible citizens in democratic South Africa. The aim of this intervention is to equip every coach to exercise coaching the “complete” athlete; on the sports field, during practice sessions and competitions and beyond for life.

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